

# Parent & Child Activity Calendar

Elementary School  
Clovis Unified School District



THE PARENT INSTITUTE® September • October • November 2015

## Parent & Child Activity Calendar

Elementary School Parents make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> September is Library Card Sign-up Month. Make sure everyone in your family has a library card.	<b>2</b> A good breakfast helps kids learn. Make sure your child starts his day with a healthy breakfast at home or at school.	<b>3</b> Talk with your child about why students who do homework earn better grades.	<b>4</b> Try to find a county fair or autumn festival nearby. Plan a trip.	<b>5</b> Suggest that your child clean out her backpack every weekend. She'll start the week organized.
<b>6</b> Have a "goodbye to summer" picnic today. Talk with your child about the great times you had together over the summer.	<b>7</b> Have each family member set a personal weekly goal and write it down.	<b>8</b> Write a note saying something nice about your child. Tuck it where he will find it later.	<b>9</b> Talk about the best and the worst parts of your day. Make sure each family member gets a turn to talk.	<b>10</b> Make a special effort to reinforce manners today. Remind your child to say <i>please</i> and <i>thank you</i> .	<b>11</b> At dinner, talk about how family members are achieving their weekly goals. Celebrate everyone's successes.	<b>12</b> Have a "Family Night In." Pop a big bowl of popcorn. Everyone should curl up with a good book.
<b>13</b> Have fun drawing or painting blindfolded. Take turns directing one another.	<b>14</b> Help your child find her best time to do homework. Some kids are more focused right after school, others at night.	<b>15</b> Encourage your child to take risks as long as they don't affect his safety. For example, have him try a new food.	<b>16</b> Keep a library basket as home base for library books. You'll save money on overdue fines!	<b>17</b> Start a family savings jar. Everyone can decide on what the goal will be and how they will each contribute.	<b>18</b> Make sure you and your child know school rules. Get the school handbook and go over the rules together.	<b>19</b> Have your child write a letter to a friend or relative telling about the beginning of the school year.
<b>20</b> Tonight, talk with your child about the week ahead. Plan to do this every Sunday night.	<b>21</b> Have a Word of the Day. Challenge family members to use it in a sentence. Make this a daily habit.	<b>22</b> Watch the news with your child. Locate one place mentioned on a world map.	<b>23</b> Talk about three ways you used math today. Ask everyone in the family how they used math.	<b>24</b> Talk about <i>honesty</i> and why it is so important. Find examples of people who demonstrate honesty.	<b>25</b> Write your child's name vertically. Have her use each letter in her name to begin a line of a poem.	<b>26</b> Take your child out for breakfast or serve a favorite breakfast at home. Make this a regular habit.
<b>27</b> Take a walk and look for signs of fall. See if your child can identify any of the trees you pass on your walk.	<b>28</b> Have your child teach you something he needs to learn for homework. It's a great way to reinforce learning.	<b>29</b> Have a contest: Who can name the most parts of the body? (Organs count, too.)	<b>30</b> Look over your child's homework. Give compliments and helpful criticism.	<b>September 2015</b>		

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<h2>October 2015</h2>				<b>1</b> With your child, keep a record of the moon this month. Look at the moon every night and draw what it looks like.	<b>2</b> When your child is unsuccessful, try asking, "How would you do it differently next time?"	<b>3</b> Set aside some time to spend one-on-one with your child today.
<b>4</b> Turn chores into a game. Assign each chore a number and have your child roll a die to see which one she gets.	<b>5</b> Read a textbook assignment with your child. Then ask your child to tell you about it in his own words.	<b>6</b> Write a note of encouragement and tuck it in your child's lunch box or in a school book.	<b>7</b> Think about the rules you have for your child. Are they appropriate for her age?	<b>8</b> Today is the anniversary of the Great Chicago Fire. Develop a family plan in case of a fire in your home.	<b>9</b> Make up trivia questions about your family. Quiz one another at the dinner table.	<b>10</b> Challenge family members to write, eat or do other activities with the hand they don't favor.
<b>11</b> Set aside time every day for reading aloud. Sometimes, let your child read to you.	<b>12</b> Pick a category. Ask your child to pick a letter. How many items from the category begin with that letter?	<b>13</b> If you haven't met your child's teacher yet, plan to do so. Talk about your visit with your child.	<b>14</b> Have a family geography quiz. Someone names a city, state or river. The next person has to locate it on a map or globe.	<b>15</b> How many words can you and your child make from the letters in the word OCTOBER?	<b>16</b> Watch the news on TV with your child. Find a newspaper article on one of the stories and compare the two.	<b>17</b> Today, have your child keep track of everything he eats. What one change would make his diet more nutritious?
<b>18</b> Let your child plan dinner tonight. How many food groups can she include?	<b>19</b> Play Alphabet Mixup. Choose a word and put the letters in alphabetical order. Can your child figure out the word?	<b>20</b> Ask your child to calculate the average age of your family members. Add up ages and then divide by number of people.	<b>21</b> If your child could be a famous person in history, who would he want to be? Why?	<b>22</b> Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.	<b>23</b> Tonight at dinner, put a price on each item you serve. Have your child figure out the total cost of the meal.	<b>24</b> Have your child use the Internet to research events that occurred on the day she was born.
<b>25</b> Make a leaf rubbing. Place a leaf on newspaper. Cover with thin paper and have your child rub with a crayon.	<b>26</b> Talk with your child about a choice you've made and about the consequences of that choice.	<b>27</b> It's Theodore Roosevelt's birthday. Look up facts about this president and protector of the environment.	<b>28</b> Have your child read to you as you're cleaning up after supper. Or read to your child as he cleans up!	<b>29</b> Find pictures of people. Ask your child to write funny captions about what they are thinking or doing.	<b>30</b> Let your child invite a friend over. Pop some popcorn or make ice cream sundaes.	<b>31</b> Play a game of charades with your child. Use hand gestures and motions to act out your word.

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<b>1</b> Teach a card game to your child. Play it with the whole family tonight.	<b>2</b> Ask your child what she would do if she were invisible for a day.	<b>3</b> If you don't have time to read to your kids at night, read in the morning. It's a real "power breakfast."	<b>4</b> Let your child pick a word. Together, put its letters in alphabetical order.	<b>5</b> Start a sentence-a-day story. In a special notebook, have your child write a story by adding one sentence each day.	<b>6</b> Do a crossword puzzle with your child. It's a great way to learn new words.	<b>7</b> Collect canned goods for a shelter or food bank. Take your child with you as you deliver them.
<b>8</b> With your child, learn how to count to 10 in at least three different languages.	<b>9</b> Make today "dictionary day." Talk with your child about new words that he thinks should be in the dictionary.	<b>10</b> Ask your child to pretend she's the town mayor for a day. Have her list three ideas to make your community stronger.	<b>11</b> Have your child replace adjectives on a printed ad with their opposites.	<b>12</b> When you're in the store, ask your child to figure out how much tax you will be charged.	<b>13</b> Dissolve some salt and water in a glass. Watch for a few days. Talk about what happens.	<b>14</b> Squash is a native American vegetable. When you're in the supermarket, choose a new squash to try.
<b>15</b> Go for a walk or bike ride today. Challenge each other to spot something you haven't seen before.	<b>16</b> Post a new vocabulary word and its definition on the bathroom mirror. Change it every three or four days.	<b>17</b> Have your child hold his nose while he eats. Does it affect the taste of the food?	<b>18</b> Hum a song and see if your child can guess the name of the song.	<b>19</b> Today is the anniversary of Lincoln's Gettysburg Address. Read it aloud with your child.	<b>20</b> Encourage your child to write a thank-you note to a favorite teacher this month.	<b>21</b> Let your child stay up 30 minutes past her usual bedtime. The catch? She must use that time to read in bed!
<b>22</b> Draw a picture of a word. See if your child can guess the word. Then let your child pick a word to draw.	<b>23</b> Think of a meaningful quotation you love. Post it where your child will see it.	<b>24</b> Ask your child to guess how many times he blinks in a minute. Then check!	<b>25</b> Together, write a poem about your family. Start each line with a letter from the word FAMILY.	<b>26</b> Make a list of all the things that make your family members thankful.	<b>27</b> Watch a TV program with your child. Track the time spent on commercials vs. the program.	<b>28</b> At bedtime tonight, tell your child a story about yourself when you were her age.
<b>29</b> Have everyone in the family spend a ½ hour picking up the house. Many hands make light work.	<b>30</b> It's Mark Twain's birthday. Read one of his short stories with your child.	<h2>November 2015</h2>				

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