

Parent & Child Activity Calendar

Elementary School
Clovis Unified School District



THE PARENT INSTITUTE

September • October • November 2015

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 September is Library Card Sign-up Month. Make sure everyone in your family has a library card.	2 A good breakfast helps kids learn. Make sure your child starts his day with a healthy breakfast at home or at school.	3 Talk with your child about why students who do homework earn better grades.	4 Try to find a county fair or autumn festival nearby. Plan a trip.	5 Suggest that your child clean out her backpack every weekend. She'll start the week organized.
6 Have a "goodbye to summer" picnic today. Talk with your child about the great times you had together over the summer.	7 Have each family member set a personal weekly goal and write it down.	8 Write a note saying something nice about your child. Tuck it where he will find it later.	9 Talk about the best and the worst parts of your day. Make sure each family member gets a turn to talk.	10 Make a special effort to reinforce manners today. Remind your child to say <i>please</i> and <i>thank you</i> .	11 At dinner, talk about how family members are achieving their weekly goals. Celebrate everyone's successes.	12 Have a "Family Night In." Pop a big bowl of popcorn. Everyone should curl up with a good book.
13 Have fun drawing or painting blindfolded. Take turns directing one another.	14 Help your child find her best time to do homework. Some kids are more focused right after school, others at night.	15 Encourage your child to take risks as long as they don't affect his safety. For example, have him try a new food.	16 Keep a library basket as home base for library books. You'll save money on overdue fines!	17 Start a family savings jar. Everyone can decide on what the goal will be and how they will each contribute.	18 Make sure you and your child know school rules. Get the school handbook and go over the rules together.	19 Have your child write a letter to a friend or relative telling about the beginning of the school year.
20 Tonight, talk with your child about the week ahead. Plan to do this every Sunday night.	21 Have a Word of the Day. Challenge family members to use it in a sentence. Make this a daily habit.	22 Watch the news with your child. Locate one place mentioned on a world map.	23 Talk about three ways you used math today. Ask everyone in the family how they used math.	24 Talk about <i>honesty</i> and why it is so important. Find examples of people who demonstrate honesty.	25 Write your child's name vertically. Have her use each letter in her name to begin a line of a poem.	26 Take your child out for breakfast or serve a favorite breakfast at home. Make this a regular habit.
27 Take a walk and look for signs of fall. See if your child can identify any of the trees you pass on your walk.	28 Have your child teach you something he needs to learn for homework. It's a great way to reinforce learning.	29 Have a contest: Who can name the most parts of the body? (Organs count, too.)	30 Look over your child's homework. Give compliments and helpful criticism.	September 2015		

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<h2>October 2015</h2>				1 With your child, keep a record of the moon this month. Look at the moon every night and draw what it looks like.	2 When your child is unsuccessful, try asking, "How would you do it differently next time?"	3 Set aside some time to spend one-on-one with your child today.
4 Turn chores into a game. Assign each chore a number and have your child roll a die to see which one she gets.	5 Read a textbook assignment with your child. Then ask your child to tell you about it in his own words.	6 Write a note of encouragement and tuck it in your child's lunch box or in a school book.	7 Think about the rules you have for your child. Are they appropriate for her age?	8 Today is the anniversary of the Great Chicago Fire. Develop a family plan in case of a fire in your home.	9 Make up trivia questions about your family. Quiz one another at the dinner table.	10 Challenge family members to write, eat or do other activities with the hand they don't favor.
11 Set aside time every day for reading aloud. Sometimes, let your child read to you.	12 Pick a category. Ask your child to pick a letter. How many items from the category begin with that letter?	13 If you haven't met your child's teacher yet, plan to do so. Talk about your visit with your child.	14 Have a family geography quiz. Someone names a city, state or river. The next person has to locate it on a map or globe.	15 How many words can you and your child make from the letters in the word OCTOBER?	16 Watch the news on TV with your child. Find a newspaper article on one of the stories and compare the two.	17 Today, have your child keep track of everything he eats. What one change would make his diet more nutritious?
18 Let your child plan dinner tonight. How many food groups can she include?	19 Play Alphabet Mixup. Choose a word and put the letters in alphabetical order. Can your child figure out the word?	20 Ask your child to calculate the average age of your family members. Add up ages and then divide by number of people.	21 If your child could be a famous person in history, who would he want to be? Why?	22 Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.	23 Tonight at dinner, put a price on each item you serve. Have your child figure out the total cost of the meal.	24 Have your child use the Internet to research events that occurred on the day she was born.
25 Make a leaf rubbing. Place a leaf on newspaper. Cover with thin paper and have your child rub with a crayon.	26 Talk with your child about a choice you've made and about the consequences of that choice.	27 It's Theodore Roosevelt's birthday. Look up facts about this president and protector of the environment.	28 Have your child read to you as you're cleaning up after supper. Or read to your child as he cleans up!	29 Find pictures of people. Ask your child to write funny captions about what they are thinking or doing.	30 Let your child invite a friend over. Pop some popcorn or make ice cream sundaes.	31 Play a game of charades with your child. Use hand gestures and motions to act out your word.

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1 Teach a card game to your child. Play it with the whole family tonight.	2 Ask your child what she would do if she were invisible for a day.	3 If you don't have time to read to your kids at night, read in the morning. It's a real "power breakfast."	4 Let your child pick a word. Together, put its letters in alphabetical order.	5 Start a sentence-a-day story. In a special notebook, have your child write a story by adding one sentence each day.	6 Do a crossword puzzle with your child. It's a great way to learn new words.	7 Collect canned goods for a shelter or food bank. Take your child with you as you deliver them.
8 With your child, learn how to count to 10 in at least three different languages.	9 Make today "dictionary day." Talk with your child about new words that he thinks should be in the dictionary.	10 Ask your child to pretend she's the town mayor for a day. Have her list three ideas to make your community stronger.	11 Have your child replace adjectives on a printed ad with their opposites.	12 When you're in the store, ask your child to figure out how much tax you will be charged.	13 Dissolve some salt and water in a glass. Watch for a few days. Talk about what happens.	14 Squash is a native American vegetable. When you're in the supermarket, choose a new squash to try.
15 Go for a walk or bike ride today. Challenge each other to spot something you haven't seen before.	16 Post a new vocabulary word and its definition on the bathroom mirror. Change it every three or four days.	17 Have your child hold his nose while he eats. Does it affect the taste of the food?	18 Hum a song and see if your child can guess the name of the song.	19 Today is the anniversary of Lincoln's Gettysburg Address. Read it aloud with your child.	20 Encourage your child to write a thank-you note to a favorite teacher this month.	21 Let your child stay up 30 minutes past her usual bedtime. The catch? She must use that time to read in bed!
22 Draw a picture of a word. See if your child can guess the word. Then let your child pick a word to draw.	23 Think of a meaningful quotation you love. Post it where your child will see it.	24 Ask your child to guess how many times he blinks in a minute. Then check!	25 Together, write a poem about your family. Start each line with a letter from the word FAMILY.	26 Make a list of all the things that make your family members thankful.	27 Watch a TV program with your child. Track the time spent on commercials vs. the program.	28 At bedtime tonight, tell your child a story about yourself when you were her age.
29 Have everyone in the family spend a ½ hour picking up the house. Many hands make light work.	30 It's Mark Twain's birthday. Read one of his short stories with your child.	<h2>November 2015</h2>				

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